



'Fireside' Artist talks in Carp

West Carleton Arts Society Members free, Guests \$5

Wednesday January 18, 2017 7:00 pm

**** Carp Library, 3911 Carp Road ****

**Suzanne Warren Powell, Artist
Wabi Sabi & Miksang**

Eastern philosophy has slowly filtered through western ideologies. New ideas and perceptions from the East are being embraced in an attempt to counter the hectic pace, over-consumption and general malaise of modern life.

Wabi Sabi is the aesthetic branch of Japanese Zen Buddhist philosophy. Wabi Sabi aims to appreciate the natural rhythms and cycles in life, - birth, slowing down, and degradation of ourselves and all that is around us. It strives for humility, authenticity, and subtlety. It is a philosophy of gentle nuance, one trying to break free of ego, assumptions and dogma. Wabi Sabi art is characterized by abstraction containing more greyed-off and non-garish colours and textures.

Miksang photography is a relatively new form of Tibetan Dharma art, which also stems from Buddhist beliefs. Miksang photography shares commonalities with Wabi Sabi and is also based on ideas of freedom from ego, assumption and dogma. It relies on each person's meditative and precognitive states to bring forth moments of enlightenment and peacefulness while using a camera. As a newer discipline (incorporating older Tibetan wisdom) Miksang has also evolved to include approaches to modern and contemporary art.

Because both disciplines are based on forms of Buddhism and meditation, there is an overlap of ideas between them. However, each discipline has an inherent point of view that brings with it a distinct cultural heritage. I am hoping to describe these two disciplines, how they intertwine and how perhaps, they can be useful to the artistic journey we all take.

Whether you are an artist, a photographer or simply an art lover, please come and join us for what should be a wonderful and inspiring presentation and discussion.

For more information see www.westcarletonartsociety.ca

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